

Idea #23

Hand and Foot Triplet Coordination #1

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The image displays six staves of drum notation for a hand and foot triplet coordination exercise. Each staff is in 4/4 time and begins with a double bar line and a drum set icon. The notation is organized into three pairs of staves, each pair representing a different triplet pattern. Each staff contains four measures of music, with a triplet bracket and the number '3' below the notes in each measure. The first measure of each staff has a hand symbol (a vertical line with a downward arrow) above the first note, and the fourth measure has a foot symbol (an 'x' above the note). The patterns are as follows:

- 1.** The first staff (labeled '1.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.
- 1A.** The second staff (labeled '1A.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.
- 2.** The third staff (labeled '2.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.
- 2A.** The fourth staff (labeled '2A.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.
- 3.** The fifth staff (labeled '3.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.
- 3A.** The sixth staff (labeled '3A.') shows a triplet of eighth notes in the right hand and a triplet of eighth notes in the left hand. The first measure has a hand symbol above the first note, and the fourth measure has a foot symbol above the first note.